Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 14 Mar 2022 until 23:59 on Tuesday 15 Mar 2022

Forecast Issued on Sunday 13 Mar 2022 at 14:36 by Met Office Aberdeen

Confidence: Low for detail on Monday, especially with regards to northward extent of precipitation and low cloud. High for Tuesday, low for timing of clearance of precipitation on Wednesday. High for Thursday.

Headline for Monday 14 Mar 2022: Mainly cloudy with a chance of wintry showers by afternoon

Mountain weather hazards on Monday 14 Mar 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
High Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Partly cloudy (night)	Cloudy	Sleet	Sleet	Sleet	Partly cloudy (night)
Precipitation probability							
10%	10%	20%	20%	30%	50%	50%	20%

Forecast for Monday 14 Mar 2022

Weather: Mainly dry in the hours of darkness, low cloud becoming extensive across the south of the area. Monday will see a lot of cloud with some outbreaks of rain gradually spreading northeast, this falling as snow above 900 metres. Some uncertainty into the northern extent of rain and snow, but the afternoon and early evening period will see the greatest chance of precipitation.

Chance of cloud-free hill tops above 800m: 30%

Low cloud and visibility: Poor in extensive cloud down to 700 metres, but good in the north at first. Ranges north of Assynt will see the best of any cloud free summits, this most probable in the morning.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Monday 14 Mar 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	34/42 S	29/37 S	27/34 S	20/27 S	13/19 S	14/20 SW	23/30 W	23/33 SW	30/41 SW
900	31/39 S	26/35 S	24/32 S	19/25 S	14/20 S	14/19 SW	22/30 W	22/32 SW	28/39 SW
600	19/28 S	19/27 S	17/25 S	14/21 S	11/18 S	11/16 SW	16/24 W	15/24 SW	20/32 SW
300	7/32 S	6/25 S	6/22 S	6/18 S	7/16 S	6/16 SW	7/23 W	5/23 SW	8/29 S
Glen	15/33 S	11/26 S	10/23 SE	9/19 SE	8/15 S	7/14 SW	11/23 W	8/20 SW	13/28 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	0/-8	-0/-8	-1/-8	-0/-7	0/-4	1/-4	-0/-7	-1/-8	-2/-10
900	1/-6	0/-7	-0/-7	0/-6	1/-4	2/-3	0/-6	-0/-7	-2/-9
600	3/-2	2/-3	2/-3	3/-2	4/-0	4/0	3/-2	2/-3	1/-5
300	6/3	5/3	4/2	5/3	6/4	6/4	5/2	4/2	3/-0
Glen	8/4	7/4	7/4	7/5	8/6	8/6	8/4	6/4	6/2
Freezing Level*	1000m	900m	1000m	1000m	1100m	1100m	900m	700m	700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Freezing level expected to rise to higher summit level for a time in the afternoon before colder air spreads east in the evening

Forecast for Tuesday 15 Mar 2022

Weather: After a mainly dry start rain and low cloud will reach the west coast by early afternoon, then slowly spreading east through the afternoon and evening. Snow expected above 600 to 800 metres. Best of the drier weather across the east of the area.

Maximum wind: Southwesterly 30 to 40 mph

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Generally good outside of low cloud and snow. Low cloud down to 600 metres becoming extensive across western areas by afternoon, but eastern ranges should may stay clear until dusk

Temperature: **Glens:** 1 rising to 8 Celsius
At 800m: 0 to 2 Celsius
Freezing level: 800 to 1000 metres

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